



Health & Safety

Please take time to read the full 'Health & Safety on Missions Policy.'

Team Leaders

1. Please read the risk assessments and sign them off.
2. Please ensure team members are aware of and abide by relevant sections of policies and risk assessments.
3. Make sure that equipment is set up properly, particularly in high winds.
4. If there is an incident, please complete an incident report form (see leader's folder) and follow the instructions given. These are important for the safety of future missions.

Everyone

1. Health & Safety is everyone's responsibility! Please read the 'Health & Safety Policy' which is available at the centres and online (<http://www.files.ubm.org.uk/docs/ubm-health&safety-policy.pdf>).
2. Team members are expected to comply with all safety instructions. Should you have concerns that anything you are asked to do is unsafe, please raise it with your team leader.
3. No children should be taken into the sea.
4. Apply sun cream, wear a hat and drink plenty of water when outside (even on cooler days). Sunburn happens by stealth especially when sitting in the same position!
5. Ensure that you know how to get out of HQ in the event of fire (be careful about leaving electronic items plugged in).
6. Ensure good hygiene is maintained in the a) kitchen, b) bathroom, c) communal areas.
7. Make sure you tell someone where you are, even in your free time
8. Alcohol, tobacco or drugs use is not allowed.
9. Take care with manual handling.
10. Always be mindful of members of the public and behave responsibly.